

TAARC Newsletter

From the President

November 16, 2025

TCA PGC Edition

Hello TAARC Members!

I hope to see everyone at the Texas Counseling Association Professional Growth Conference in Houston, November 19–21! This event is always a wonderful opportunity to reconnect, recharge, and be inspired by the incredible work happening across our profession. I'm looking forward to seeing you all at our Membership Meeting on Wednesday at 7:30 p.m. in Tanglewood—I hope you'll join us to share ideas, celebrate successes, and help us shape the future of the organization.

This year, one of my main goals as President is to help make assessment and research more relevant and accessible for all counselors. Whether it's integrating research into everyday practice, conducting outcome studies to better understand client progress, evaluating counseling programs, or incorporating diverse assessments in clinical, school, or community settings—our focus is on bridging assessment and research with practice. To that end, this newsletter features the work of two of our members, Dr. Eunae Han and Dr. Paul Carrola.

In this spirit, TAARC is also thrilled to partner with several other divisions of TCA for our upcoming Spring Webinar Series! Together, we'll explore innovative ways to apply assessment and research tools to real-world counseling settings, supporting counselors at every level of professional development.

We are also partnering with TACES to bring back the Research Track at the TACES Mid-Winter Conference!

Looking further ahead, TAARC is also excited to be planning the AARC National Conference in Dallas in September 2026! We will be seeking member participation and leadership in – so if you're interested in contributing, please stay tuned for opportunities to get involved!

There's so much to look forward to in the coming months, and I can't wait to see how our collective efforts continue to elevate the practice of counseling through meaningful assessment and research practices.

I hope to see you soon at TCA in Houston!

Leigh Holman, Ph.D.



Member Activities at TCA

Tanglewood
Room
Board
Meeting
5:30-6:30

Business
Meeting
6:30-8:00

TAARC
Table Level
3 Foyer

Members Research Profile



Understanding Machismo in Domestic Violence: Evaluation of the Spanish Machismo Measure with Mexican Men

Featuring Dr. Paul Carrola & Dr. Eunae Han

Dr. Paul Carrola's work focuses on forensic populations and cross-border mental health issues. He collaborates with Universidad Autonoma de Ciudad Juarez to study gender-biased attitudes, machismo constructs, and domestic violence.

"Trauma migrates across borders, mental health care must too."- Dr. Carrola

Dr. Eunae Han centers her research on feminist perspectives, women's issues, and domestic violence advocacy. Her methodological expertise strengthens the binational research team.

"Research is my tool to show what I believe and what our profession needs to see." - Dr. Han



Together, Drs. Carrola and Han collaborated to assess how well the Spanish version of the Machismo Measure captures gender norms among Mexican men with a history of domestic violence.

Why this work matters:

This research bridges cultural divides, uplifts underserved populations and informs meaningful clinical intervention. It advances feminist-informed scholarship and strengthens international collaboration in mental health.

Challenges in the field:

Both researchers identified major challenges: accessing vulnerable populations, navigating IRB barriers, coordinating cross-border logistics, and balancing publication demands with community-engaged work.

Member Spotlight (Cont.)

Advice for emerging researchers:

Dr. Han emphasizes the developmental nature of research, encouraging resilience and mentorship. Dr. Carrola emphasizes the importance of persistence, avoiding comparison, and fostering strong collaborations.

“Everything is developmental. Rejection is part of the journey.” — Dr. Han

“Success comes from continuing, not comparing.” — Dr. Carrola

Carrola, P., Han, E., Rocha, J., Valles, A. C., González Valles, M. N., Martínez, J. R., & Anguiano, J. A., (2024). Evaluation of the Spanish version of the machismo measure with Mexican men who have a history of domestic violence. *Measurement and Evaluation in Counseling and Development*, 58(2), 97-113. <https://doi.org/10.1080/07481756.2024.2401438>

Emerging Leaders

Led by board members, Dr. Stephen Lenz & Dr. Eunae Han

Emerging Leader	Mentor
Gabriela Chapa Herrera	Dr. Leigh Falls Holman
Nekiya Jackson	Dr. Kami Tran
Olivia Wedel	Dr. Kimberlee Mincey
Dr. Ross Spears	Dr. Jessica Holm

**BRIDGING ASSESSMENT
AND RESEARCH
WITH COUNSELING PRACTICE
2026 SPRING WEBINAR SERIES**

BRIDGING RESEARCH WITH PRACTICE:
TRACKING CLIENT OUTCOMES WITH SINGLE CASE DESIGN

STEPHEN LENZ, PH.D., LPC-S
TAARC DIRECTOR
PROFESSOR, COLLEGE OF EDUCATION & HUMAN DEVELOPMENT
TEXAS A&M SAN ANTONIO

CO-SPONSORED WITH TEXAS ASSOC. OF COUNSELOR EDUCATORS &
SUPERVISORS (TACES)
TENTATIVE DATE: JANUARY 2026



TAARC is Partnering with TACES to Co-Sponsor the
Return of the Research Track
at the

TACES Mid-Winter Conference in February

Thank you to our emerging leader Dr. Ross Spears and
mentor Dr. Jessica Holm for serving as reviewers!





BRIDGING ASSESSMENT WITH SCHOOL COUNSELING PRACTICE:

WHAT IS INVOLVED IN THREAT ASSESSMENT?

GABRIELA CHAPA HERRERA, M.S., LPC-S, EMDR TRAINED
TAARC EMERGING LEADER
THREAT ASSESSMENT SPECIALIST
PASADENA ISD

CO-SPONSORED WITH THE TEXAS SCHOOL COUNSELOR ASSOCIATION (TSCA)
TENTATIVE DATE: MARCH 2026

BRIDGING ASSESSMENT WITH FAMILY PRACTICE: NAVIGATING PARENT-CHILD CONFLICT

STRUCTURED ASSESSMENT OF RELATIONSHIPS IN FAMILIES
THE PARENTAL ACCEPTANCE-REJECTION QUESTIONNAIRE

JAYNA HANEY, M.S., LPC, EMDR CERTIFIED
THE BRIDGE ACROSS, LLC

CO-SPONSORED WITH TEXAS ASSOC. OF MARRIAGE & FAMILY COUNSELORS (TAMFC)
TENTATIVE DATE: APRIL 2026



Election Ballot Update

There was a mix up with the ballot this year, so only write-ins are allowed for TAARC. The following names of members interested in running were submitted, but it did not meet the deadline.

TAARC Director:

- Dr. Kami Ball Tran
- Katherine McVay

TAARC President-elect:

- Dr. Jessica Holm

TAARC Senator:

- Dr. Alexis Croffie
- Dr. Adrienne Sterling

TAARC Secretary/Treasurer

- Dr. Kimberly Mincey

TAARC is Planning the 2026 AARC National Conference at the Marriott Town Center Legacy East in Dallas!



Grab your Boots & Hat & Join Us
September 17-20, 2026